Can I sign a lease for shorter-term than one year? Like a 6 or 9 month lease?

Applicant FAQ · https://smarteggmgmt.com/faq/can-i-sign-a-lease-for-shorter-term-than-one-year-like-a-6-or-9-month-lease/

Our minimum is 12 months. We don’t do short-term leases.